





NOVEMBER | 2018

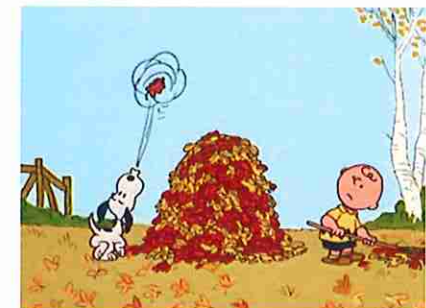
North Newton Elementary

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| |  | | 1 Lasagna Roll Up WG Hot Roll Lettuce Salad Choice of Fruit Milk Or Salad | 2 Quesadilla/Salsa Corn Choice of Fruit Milk Or Cook's Choice |
| 5 Meatball Sub Meatballs, Cheese in Marinara Sauce WB Sub Bun Potato Choice of Fruit Milk or Spicy Chicken | 6 Cheddar Cheese Twisted Stix Cup of Soup Blueberries Milk Or Salad | 7 <u>Chicken Nacho Supreme*</u> Chicken, Chips, Cheese Salsa, Refried Beans Carrots/Dip Choice of Fruit Milk Or Sub | 8 Sliced Turkey Roast Mashed Potatoes/Gravy WG Hot Roll Sour Orange/Raspberry Sorbet Milk Or Salad | 9 Pizza Green Beans Choice of Fruit Milk Or Cook's Choice |
| 12 <u>Breakfast for Lunch</u> Glazed French Toast/Syrup Sausage Potato 100% Juice Or Spicy Chicken | 13 Chicken Nuggets Jungle Grahams Sweet Potato Puffs Sidekick Milk Or Salad | 14 Hotdog/WG Bun Baked Beans* Vegetable Cup/Dip Fresh Apple Slices/Caramel Milk Or Sub | 15 Turkey & Noodles* Mashed Potatoes WG Hot Roll Choice of Fruit Milk Or Salad | 16 Breaded Chicken Patty WG Bun Broccoli/Cheese Choice of Fruit Milk Or Cook's Choice |
| 19 Hamburger/WG Bun Cheese Slice/Pickles Fries Choice of Fruit Milk Or Spicy Chicken | 20 BBQ Flatbread Pizza Corn Fruit Bomb Milk Or Cook's Choice | 21 THANKSGIVING BREAK NO SCHOOL | 22 HAPPY  THANKSGIVING | 23 THANKSGIVING BREAK NO SCHOOL |
| 26 Country Fried Steak Mashed Potatoes/Gravy WG Roll Choice of Fruit Milk Or Spicy Chicken | 27 Chicken Tenders Dipping Sauce Corn Applesauce Cheetos Trax Crackers Milk Or Sub | 28 Chicken Drumstick Baked Beans* Cucumber/Carrots/Dip Jurassic Honey Graham Choice of Fruit Milk Or Salad | 29 Mostaccioli in Meat Sauce* Lettuce Salad Breadstick Choice of Fruit Milk Or Salad | 30 Bosco Stick Marinara Sauce Green Beans Choice of Fruit Milk Or Grilled Chicken |



**Remember to grab breakfast
before school starts in the
morning for a jump start to
your day!**

**Elementary Breakfast \$1.65
Reduced \$.30**



**Menu subject to change.
*Made from Scratch!**



FALL 2018

NORTH NEWTON ELEMENTARY BREAKFAST

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--------------------|---------------------------------|---|--------------------|
| WG Poptart, Granola Bar, Or Muffin with Cheese Stick or Yogurt | Breakfast Pizza | WG EGGO Mini French Toast | <u>NEW</u> Sausage Gravy Bowl | Breakfast Pizza |
| Honey Graham Snacks, Poptart, Or Rice Krispie treat Cheese Stick or Yogurt | Breakfast Pizza | WG EGGO Mini Waffles | <u>NEW</u> Colby Cheese Omelet | Breakfast Pizza |
| Cream Cheese Bagel Or WG Poptart or Granola Bar Cheese Stick or Yogurt | Breakfast Pizza | WG EGGO Mini Pancakes | Egg & Cheese On WG English Muffin | Breakfast Pizza |
| WG Poptart, Granola Bar, Or Muffin Cheese Stick or Yogurt | Breakfast Pizza | WG Pancake Wrap | Sausage Gravy Bowl | Breakfast Pizza |
| Honey Graham Snacks, Poptart, Or Rice Krispie treat Cheese Stick or Yogurt | Breakfast Pizza | WG EGGO CHOICE | Colby Cheese Omelet | Breakfast Pizza |

News

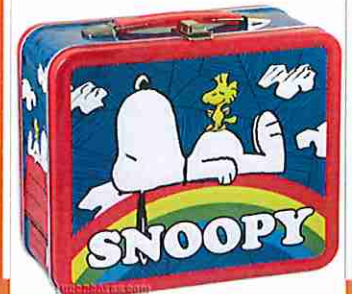
We offer two choices of milk with our school meals, Unflavored and Flavored.

We also offer the following choices daily with Breakfast: WG Cereal regular and gluten free. Canned, fresh fruit, and 100% Fruit Juice.

Elementary Breakfast: \$1.65

***Reduced: \$.30
Extra Milk: \$.50***

****Menu subject to change****



NORTH NEWTON SPARTAN MENU

BREAKFAST

Daily Breakfast Entrées Include: Cold Cereal, Poptart, Granola bar, Muffin..... String cheese or Yogurt

| | | | | |
|--|-----------------------------------|-----------------------------------|------------------------------------|--|
| Monday Mini Strawberry Bagel | Tuesday Breakfast Pizza | Wednesday Cook's Choice | Thursday Breakfast Pizza | Friday Egg or Sausage Muffin |
|--|-----------------------------------|-----------------------------------|------------------------------------|--|

Daily Entrée Choices served Weekly

| | | | | |
|--------------------------------------|--------------------------------|----------------------------------|---------------------------------|--------------------------------|
| Monday Spicy Chicken Patty | Tuesday Bosco Sticks | Wednesday Chicken Wrap | Thursday Ham & Cheese | Friday COOK'S CHOICE |
|--------------------------------------|--------------------------------|----------------------------------|---------------------------------|--------------------------------|

Breakfast Meal Deal \$1.75

- (1) Entrée Choice
- (1) Fruit, Vegetable or Fruit Juice
- (1) Low-Fat or Fat Free Milk (8oz)

Lunch Meal Deal \$2.55

- (1) Entrée Choice (bread & protein)
- (1) Fruit Choices
- (1) Vegetable Choices
- (1) Low-Fat or Fat Free Milk (8oz)

DAILY HOT SIDES

- Monday**
Corn, Green Beans, or Potato
- Tuesday**
Peas, Sweet Potato Fries, Lettuce or Potato
- Wednesday**
Refried Beans or * Baked Beans and Lettuce, Carrots or Vegetable cup
- Thursday**
Broccoli, Lettuce or Potato
- Friday**
Cook's Choice

This Institution is an equal opportunity provider.

MAY CONTAIN PORK – Ham on menu is Turkey Ham

**Items listed made from scratch*

Week of October 29 – November 2, 2018

Daily Entrée Choices

Monday

Fall Break No School

Tuesday Oct 30, 2018

Country Fried Chicken Drumstick

WG Roll

Wednesday October 31, 2018

Twisted Cheese Sticks

Soup*

Thursday November 1, 2018

Breakfast for Lunch

Friday November 2, 2018

Cook's Choice

Week of November 5, 2018

Daily Entrée Choices: Salad or Weekly choice

Monday

Meatball Sub

Tuesday

Chicken Rings

WG Bun

Wednesday

*Nacho Supreme**

Thursday

*Sliced Turkey Roast/Dressing**

WG Hot Roll

Friday

Quinn's

Fresh fruit or Fresh Veggies served daily



LUNCH

Week of November 12, 2018

Salad or Weekly Choice

Monday

Philly Steak & Cheese

WG Sub Bun

Tuesday

Chicken Nuggets

WG Roll

Wednesday

Mini Corndogs

Thursday

*Turkey & Noodles**

Pull Apart Roll

Friday

Cook's Choice

Week of November 19, 2018

Daily Entrée Choices:

Salad or Weekly choice

Monday

Hamburger/WG Bun

Tuesday

Pizza

Wednesday

THANKSGIVING BREAK

NO SCHOOL

Thursday

THANKSGIVING BREAK

NO SCHOOL

Friday

THANKSGIVING BREAK

NO SCHOOL

Week of November 26, 2018

Salad or Weekly Choice

Monday

Country Fried Steak

WG Roll

Tuesday

Chicken Tenders

Cheetos Trax Crackers

Wednesday

*Soft Shell Taco**

Thursday

*Mostaccoli in Meat Sauce**

Breadstick

Friday

Cook's Choice