

NORTH NEWTON SPARTAN MENU

BREAKFAST

Daily Breakfast Entrées Include: Cold Cereal, Pop-Tart, Granola bar, Muffin.....

String cheese or Yogurt

Monday

Sausage Wrap

Tuesday

Breakfast Pizza

Wednesday

Cook's Choice

Thursday

Breakfast Pizza

Friday

Egg or Sausage Muffin

Week of September 23, 2019

Daily Entrée Choices: Salad or Weekly Choice

Monday

Breakfast for Lunch

Tuesday

Chicken Rings/Dip

Wednesday

*Soft Shell Taco**

Thursday

*Chicken & Noodles**

Friday

Cook's Choice

Week of September 2, 2019

*Daily Entrée Choices:
Salad or Weekly Choice*

Monday September 2

LABOR DAY

NO SCHOOL

Tuesday

Quesadilla/Salsa

Wednesday

*BBQ Chicken/WG Bun**

Thursday

Deli Sub

Friday

Cook's Choice

Fresh fruit or Fresh Veggies served daily



LUNCH

DAILY HOT SIDES

Monday

Corn, Green Beans, or Potato

Tuesday

Peas, Sweet Potato Fries, Lettuce or Potato

Wednesday

*Refried Beans or * Baked Beans and Lettuce, Carrots or Vegetable cup*

Thursday

Broccoli, Lettuce or Potato

Friday

Cook's Choice

Week of September 16, 2019

Daily Entrée Choices: Salad or Weekly Choice

Monday

Meatball Sub

Tuesday

Chicken Nuggets/Dip

Breadstick

Wednesday

Mini Corn Dogs

Thursday

Salisbury Steak

Hot Roll

Friday

Pizza

Week of September 30, 2019

Daily Entrée Choices: Salad or Weekly choice

Monday

Hamburger/WG Bun

Tuesday

Popcorn Chicken Bowl

Wednesday

Turkey Club

Thursday

*Spaghetti in Meat Sauce**

Cheese Bread

Friday

Breaded Chicken Patty/WG Bun

Week of September 9, 2019

Monday

Country Fried Steak

Hot Roll

Tuesday

Chicken Tenders

Breadstick

Wednesday

*Nacho Supreme**

Thursday

Philly Steak & Cheese/WG Sub

Friday

Fiestada Pizza

Lunch Meal Deal \$2.65

(1) Entrée Choice (bread & protein)

(1) Fruit Choices

(1) Vegetable Choices

(1) Low-Fat or Fat Free Milk (8oz)

Breakfast Meal Deal \$1.85

(1) Entrée Choice

(1) Fruit, Vegetable or Fruit Juice

(1) Low-Fat or Fat Free Milk (8oz)

Daily Entrée Choices served Weekly

Monday

Spicy Chicken Patty

Tuesday

Bosco Sticks

Wednesday

Chicken Wrap

Thursday

Ham & Cheese

Friday



COOK'S CHOICE

*This Institution is an equal opportunity provider. MENU SUBJECT TO CHANGE
ALL CONTAIN PORK - Ham on
Menu is Turkey Ham
Items listed made from scratch*

SEPTEMBER | 2019



North Newton Elementaary

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 	3 Fiestada Pizza Corn Choice of Fruit Milk Or Spicy Chicken/WG Bun	4 <u>Chicken Tender Wrap</u> Soft shell, Tenders, Lettuce Cheese, Ranch cup Peas Choice of Fruit Milk Or Salad	5 Hamburger/WG Bun Fries Pickles/Cheese Slice Choice of Fruit Milk Or Salad	6 Philly Steak & Cheese WG Sub Bun Green Beans Choice of Fruit Milk Or Cook's Choice
9 Corn Dog or Mini Corn Dogs *Baked Beans Choice of Fruit Cherry Sidekick Milk Or Spicy Chicken/WG Bun	10 *BBQ Chicken/WG Bun Potato Fresh Apple Slices/Dip Milk Or Ham & Cheese/WG Bun	11 <u>Soft Shell Taco*</u> Soft Shell, Meat, Cheese, Tomatoes, Lettuce, Salsa Choice of Fruit or 100% Juice Milk Or Salad	12 *Turkey & Noodles Mashed Potatoes Hot Roll Choice of Fruit Milk Or Salad	13 Bosco Stick Marinara Sauce Romaine Lettuce Salad Choice of Fruit Milk Or Cook's Choice
16 Chicken Drumstick Green Beans Jungle Grahams Choice of Fruit Milk Or Spicy Chicken/WG Bun	17 <u>Meatball Sub</u> Meatballs in Marinara Sauce Cheese/WG Sub Bun Romaine Lettuce Salad Choice of Fruit Milk Or Sub Sandwich	18 <u>Nacho's*</u> Chips, Meat, Cheese Salsa, Refried Beans Corn Sherbet or Fruit Milk Or Salad	19 Country Fried Steak Mashed Potatoes/Gravy Hot Roll Choice of Fruit Milk Or Salad	20 Pizza Glazed Carrots Choice of Fruit Milk Or Cook's Choice
23 <u>Breakfast for Lunch</u> French Toast/Syrup Diced Ham & Cheese Potato 100% Juice Milk Or Spicy Chicken/WG Bun	24 Chicken Nuggets BBQ Dip Hot Roll Corn Choice of Fruit Milk Or Ham & Cheese/WG Bun	25 Hot Dog/WG Bun Baked Beans* Fresh Carrots/Dip Choice of Fruit Milk Or Salad	26 Turkey Manhattan Mashed Potatoes/Gravy WG Sliced Bread Sidekick Milk Or Salad	27 Stuffed Cheese Sticks Marinara Sauce Steamed Broccoli Choice of Fruit Milk Or Cook's Choice
30 Breaded Chicken Patty/WG Bun Peas Choice of Fruit Milk Or Spicy Chicken/WG Bun	2 CELEBRATE THE LITTLE THINGS 		3	4

Offer vs Serve
We offer five items daily
your Student only has
to take three of those
items and out of the
three Fruit or Veggies
has to be one.

Elementary Lunch: \$2.55
Reduced: .40
Extra milk .50

Menu subject to change



FALL

North Newton Elementary Breakfast



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

POPTART CHEESE STICK OR YOGURT	BREAKFAST PIZZA	MINI PANCAKES	SAUSAGE GRAVY BOWL	BREAKFAST PIZZA
POPTART CHEESE STICK OR YOGURT	BREAKFAST PIZZA	MINI WAFFLES	MINI CINNAMON ROLL OR STRAWBERRY BAGEL	BREAKFAST PIZZA
POPTART CHEESE STICK OR YOGURT	BREAKFAST PIZZA	PANCAKE WRAP	EGG & CHEESE ON ENGLISH MUFFIN	BREAKFAST PIZZA
POPTART CHEESE STICK OR YOGURT	BREAKFAST PIZZA	COOK'S CHOICE	SAUSAGE GRAVY BOWL	BREAKFAST PIZZA
POPTART CHEESE STICK OR YOGURT	BREAKFAST PIZZA	MINI FRENCH TOAST	MINI CINNAMON ROLL OR STRAWBERRY BAGEL	BREAKFAST PIZZA

News

We offer two choices of milk with our school meals. Unflavored milk has no more than 1% fat and flavored milk is non-fat.

We also offer the following choices on different days canned fruit, fresh fruit and 100% fruit juice when available.

Items offered every morning are WG cereal Granola bar and poparts. Yogurt and cheese sticks

all bread items are whole grain

Breakfast \$1.75
Reduced .30
Extra milk .50

Adult meal \$2.10



Menu subject to change