***MIDDLE SCHOOL & HIGH SCHOOL LUNCH MENU***

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***Offer VS Serve***

*We offer five items for Lunch daily your student only has to take three, one of the items has to be a*

*Cup of fruit or vegetable or both.*

*Menu is subject to change.*

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**No school Sept. 7, 2020**

**Bosco Sticks**

**Marinara Sauce**

**Green Beans**

**Fruit**

**Milk**

**Or**

**Grilled Chicken Salad**

**Fiestada Pizza**

**Corn**

**Refried Beans**

**Fruit**

**Milk**

**Turkey & Cheese Sub**

**Shredded Lettuce**

**Potato**

**Fruit**

**Milk**

**Or**

**Chef Salad**

**Soft Shell Taco**

**Shell, Meat, Cheese,**

**Lettuce, Salsa**

**Dragon Punch**

**Fruit**

**Milk**

**Country Fried Steak**

**Mashed Potatoes/Gravy**

**Roll**

**Fruit**

**Milk**

**Or**

**Salad**

**NO**

**SCHOOL**

**LABOR**

**DAY**

**Breaded Chicken**

**Patty on WG Bun**

**Peas**

**Fruit**

**Milk**

**Mini Corn Dogs**

**Baked Beans**

**Fresh Celery/Dip**

**Sidekick**

**Milk**

**Or**

**Chef Salad**

**Ham & Cheese**

**On a Sub Bun**

**Shredded Lettuce**

**Potato**

**Fruit**

**Milk**

**Quesadilla/Salsa**

**Lettuce Salad**

**Fruit**

**Milk**

**Or**

**Grilled Chicken**

**Salad**

**Chicken Nuggets/Sauce**

**Roll**

**Green Beans**

**Fruit**

**Milk**

**Nachos**

**Meat, Cheese, Chips**

**Salsa, Refried Beans**

**Corn**

**Fruit**

**Milk**

**BBQ Chicken/WG Bun**

**Potato**

**Fruit**

**Milk**

**Or**

**Chef Salad**

**Chicken Tender Wrap**

**Shredded Lettuce & Tomatoes**

**Fresh Broccoli/Dip**

**Fruit**

**Milk**

**Pizza**

**Fresh Carrots/Dip**

**Fruit**

**Milk**

**Or**

**Salad**

**Breakfast for Lunch**

**French Toast/Syrup**

**Sausage**

**Potato**

**100% Juice**

**Milk**

**Popcorn Chicken**

**Hot Roll**

**Broccoli**

**Fruit**

**Milk**

**Bosco Sticks**

**Marinara Sauce**

**Glazed Carrots**

**Fruit**

**Milk**

**Or**

**Chef Salad**

**Hamburger/WG Bun**

**Cheese Slice/Pickles**

**Baked Beans**

**Potato**

**Fruit**

**Milk**

**Philly Steak & Cheese**

**On Sub Bun**

**Corn**

**Fruit**

**Milk**

**Or**

**Salad**

*This institution is an equal opportunity provider*

**Pork Rib Patty**

**On WG Sub Bun**

**Pickles**

**Potato**

**Fruit**

**Milk**

**Calzone**

**Marinara Sauce**

**Green Beans**

**Fruit**

**Milk**

**Fajita Wrap**

**Meat, Cheese, Shell**

**Lettuce, Salsa**

**Refried Beans**

**Juice**

**Milk**

**Or**

**Chef Salad**