

# OCTOBER | 2022

## North Newton Jr/Sr High School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> Hotdog/Bun Baked Beans Dragon Punch Fruit Milk	<b>4</b> Spaghetti in Meat Sauce Garlic Bread Green Beans Fruit Milk	<b>5</b> <u>Soft Shell Fajita</u> Meat, Cheese, Shell Lettuce, Salsa Fresh Peppers Fruit Milk	<b>6</b> Spicy Chicken Patty or Breaded Chicken WG Bun Lettuce Salad with Dressing Fruit Milk	<b>7</b> Cook's Choice Corn Fruit Milk
<b>10</b> Chicken Nuggets Dipping Sauce Hot Roll Sweet Potato Fries Fruit Milk	<b>11</b> <u>Nachos</u> Meat, Cheese Sauce Chips, Salsa Refried Beans 100% Grape Juice Milk	<b>12</b> Popcorn Chicken Bread Stick Mashed Potatoes/Gravy Fruit Milk	<b>13</b> Stuffed Cheese Sticks Marinara Sauce Broccoli Fruit Milk	<b>14</b> Ham & Cheese On a Bun Smile Fries Fruit Milk
<b>17</b> Macaroni and Triple Cheese Bowl Bread Stick Green Beans Fruit Milk	<b>18</b> Chicken & Noodles Mashed Potatoes Hot Roll Fruit Milk	<b>19</b> <u>Walking Taco</u> Meat, Cheese, Corn Chips Lettuce, Salsa Corn Fruit Milk	<b>20</b> ELEARNING DAY FOR STUDENTS PARENT/TEACHER CONFERENCE DAY	<b>21</b> NO SCHOOL FALL BREAK
<b>24</b> NO SCHOOL FALL BREAK	<b>25</b> Bosco Stuffed Sticks Marinara Sauce Green Beans Fruit Milk	<b>26</b> <u>Chicken Tender Wrap</u> Tenders, Cheese, Soft Shell Lettuce Salad with Dressing Fruit Milk	<b>27</b> Hamburger WG Bun Fries Fruit Milk	<b>28</b> Quesadilla Salsa, Lettuce Corn Fruit Milk
<b>31</b> Calzone Cheese Sauce Broccoli Fruit Rice Krispie Treat Milk	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>

### Offer vs Serve

***We offer this as a way  
for the students not  
having to take  
everything on the tray,  
they do however have  
to have the fruit and/or  
vegetable no matter  
what***

***Breakfast \$2.05***

***Lunch \$2.85***

***Fill out an application  
anytime during the  
school year if you feel  
you may qualify for free  
or reduced price meals.***

***Menu is subject to  
change!***

